**MARKET WEIGHTON 3 mile routes**

**ROUTE A** <https://gb.mapometer.com/running/route_5265953.html>

Map

Description automatically generated

Turn R out of base onto **Cliffe Rd,** R **Shipman Rd** – continue on this, bear right at junction with Potter Close to continue on Shipman Rd, **L** **Princess Rd,** L **Hawling Rd** R **Croft Close –** over bridge onto **Glenfield Ave**, R **Holme Rd,** L **Marketplace**, R thru carpark to **join Londesborough Rd** – turn R when you reach it L **Church Close** – bear L to stay on Church Close, L **Church Side**, L **St Helens Square**, L **The Green**, L **Spring Road**, R **Hill Rise** onto Hill **Rise Close, Hill Rise Drive** R Hill Rise Drive (don’t miss this else it’s a dead end), L **Hill Rise,** L **Finkle Street –** straight onto **Southgate,** R **Princess Rd** – then bear L to continue on **Princess Rd** (don’t miss this turn) L **Cliffe Rd** back to base

Cautions - very uneven pavements along the route.

**ROUTE B** <https://gb.mapometer.com/running/route_5265954>

Map

Description automatically generated

R out of base onto **Cliffe Rd**, R **Princess Rd** - keep right on **Princess Rd,** R onto **Southgate** - continue to **Sancton Rd**, L **Langdale Rd,** R **Bedale Rd,** L **Lysander Drive,** L **Beverley Rd,** R **Finkle St**, R **Hill Rise**, L **Hill Rise,** L **Spring Rd**, R **The Green,** R **St Helens Square**, R **Church Close** L **Londesborough Rd**, R **Market Place**, L **Holme Rd**, L **Glenfield Ave**

L **Ash Grove** onto **Beech Close**, L **Glenfield Ave** – cross bridge and turn L **along Beck to Scotts Croft** keep L **Hawling Rd**, R **Southgate** R **Cliffe Rd** to base

Cautions - very uneven pavements along the route

**ROUTE C** **ALL YEAR** <https://gb.mapometer.com/running/route_5311581.html>

Map

Description automatically generated

Turn **L** out of base to T-junction cross road, **R** **Southgate** cross over **zebra-crossing** **L Langdale** **Rd**, cross the road **R Bedale Rd L Lysander Dr, L Beverley Road** to roundabout, **R Finkle St**, cross road**, L The Archway,** continue onto **Church Close**, T-junction **R Londesborough Rd,** continue on **Londesborough Rd** until **Goodmanham Rd STOP** and return backto T-junction **Market Place** turn **R**. Continue onto **York Rd** crossing over where safeto turn **L Northgate Vale, R Medforth St** continue to end **STOP** and retraceroute back to **York Rd,** continue **Market Place, High Street** roundabout **R Southgate,** continue back to base **R** turn on **Cliffe Rd.**

Cautions: uneven paths, low lighting in some areas, crossing main roads

**ROUTE C SUMMER** <https://gb.mapometer.com/running/route_5265956.html>

Map

Description automatically generated

Turn **L** out of base, **R** **Southgate** cross over pelican crossing **L Langdale** **Rd**, R **Wold Avenue**, **L Bedale Rd, L Lysander Dr, L Beverley Road** continue onto **High St** – onto **Marketplace**. **R Londesborough Rd, R** **Goodmanham Rd**, **R Red Lane** Caution no footpath. **L** onto **Spring Rd**, **L Finkle St**, mini roundabout straight onto **Southgate**, Cross road at pelican crossing, **R** onto **Princess Rd**, **L Princess Rd,** follow round and **L Cliffe Rd** back to base.

Cautions going under bridge at Goodmanham as no footpath and country road up Red lane.

**ROUTE D** <https://gb.mapometer.com/running/route_5265955.html>

Map

Description automatically generated

L out of base onto **Cliffe Rd**, R **Sancton Rd**, L **Langdale,** R **Bedale Rd**, L **Lysander Drive**, L **Beverley Rd**, R **Finkle St**, R **Hill Rise** – bear L **onto Hill Rise** L **Spring Rd,** R into **The Green,** R **St Helen’s Square**, R **Church Close**, L **Londesborough Rd,** R **Market Place**, L **Holme Rd,** L **Glenfield Ave**, L **Ash Grove** – onto **Beech Close** L - Onto **Glenfield Ave** – cross bridge onto **Croft Close**, R **Hawling Rd** L turn into cut through to **Shipman Rd** (opposite Sweep Close) then turn R Take first L continuing on Shipman Rd, Follow all way to Cliffe Rd, BACK TO BASE

Cautions - very uneven pavements along the route

**ROUTE E** <https://gb.mapometer.com/running/route_5269054.html>

Map

Description automatically generated

Turn L Out Of Base Onto **Southgate**, Turn L At The Roundabout Onto **High St,**

Turns Into **MarketPlace,** Take L On **Holme Rd** And Continue Down To The Bottom,

Cross The Rd At The Vets, R, Continue Back Up Holme Rd,

Turn L At **Giant Bradley Statute** Onto **York Rd,** Turn L Onto **Northgate Vale**, Continue And Take A R Onto **Medforth St**, Continue To Bottom, Past Doctors And Run Round Cul De Sac And Then Continue Back On Yourself. Back Up **Medforth Street**, **Northgate Vale.**

R Onto **York Road**, Continue Straight Onto Market Place, **High Street**, Take A R At The Roundabout Onto **Sancton Rd**, R At **Cliff Rd**, Back To Base.

Cautions, Use Crossing To Cross And Care On Uneven Pavements.

**ROUTE F** 3 mile [MW FM 3 Mile Route F . Mapometer.com running route #5396063](https://gb.mapometer.com/running/route_5396063.html)



Turn **R** out of base onto **Cliffe Rd**, to the end bear **R** onto **Shipman Rd**. At the T-Junction where road divides take **R** to continue **Shipman Rd,** continue to follow **Shipman Rd** T-junction **R** then **L** take the snicket pathway from **Shipman** through to **Sweep Rd** (caution bollards, low light) **R** on **Sweep Rd**, **L** onto **Wicstun Way**. Follow **Wicstun Way** keep turning **L** until turns in **Butler Drive**, **R** **Sweep Rd**, to end **R** **Ombler Drive**, **1st R** **Beales Close (over Weighton Beck) L** **Coperland Crescent, R** **Sandholme** to end **R Holme Rd**, **T junction R** **Market Place** onto **High Street** use zebra crossing to **cross over** to LHS **High Street**, continue to mini roundabout, straight over to **Beverley Rd**,  **R** **Lysander Drive, R Bedale, R Wold Ave**, slight **L Langdale Rd**, **T-junction R** onto **Sancton Rd,** use zebra crossing **cross road, L** **Cliffe Rd** back to base.

Cautions –

**Caution bollards, narrow path low light on snicket from Shipman to Sweep Lane**

**very uneven pavements along the route, some new road surface areas with high kerbs, low lighting (Beales Close area)**

**caution cross over roads use zebra crossings on High St and Sancton Rd**