



fitmumsTM
and friends

Adverse Weather Policy

Date policy agreed	22nd March 2019
Date policy for review	22nd March 2021
Produced by	Gaye Hanson – Club Liaison Lead
Reviewed by	Sam Barlow – Chief Officer
Club review dates	27.03.19 to 05.04.19

The purpose of this policy is to provide clubs and members with clarity regarding the action to be taken in the event of adverse weather occurring that could affect club sessions.

With 11 clubs currently, spread over a wide geography the impact of adverse weather can be very different from club to club. The decision about whether to cancel a session or not should, therefore, be taken at club level by the Club Coordinator(s) or a nominated deputy. Extreme weather could take various forms but in essence if it is expected to be dangerous underfoot for at least 80% of each route and there are no safe alternatives then clubs should consider cancellation.

When cancelling in advance it is recommended that this is communicated to all members by 5pm at the latest for an evening session and, ideally 8:30 am for a morning session.

This information should be shared via the usual Facebook routes and email/text for those members that do not use Facebook. If a full club email is deemed necessary then the club rep will need to contact a member of the central team (admin@fitmums.org.uk or info@fitmums.org.uk)

In a situation where the adverse weather descends rapidly and without warning just before a session then it is for the Coordinator(s) and Leader team to assess the situation at that time. In a developing situation some leaders and members may still wish to run - the risks and cautions should be explained before any run starts but ultimately, they can still go out if they wish to.

If a club session is cancelled but an informal run is then arranged, members should be advised accordingly.

Any incidents or accidents should be reported as per the normal procedure.