**Cottingham Timed Runs – 2024-2025 Season**

**WALKERS**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Walk 1**  **Oct 2024** | **Walk 2**  **Nov 2024** | **Walk 3**  **Dec 2024** | **Walk 4**  **Jan 2025** | **Walk 5**  **Feb 2025** | **Walk 6**  **March 2025** |
| **Name** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Pauline Alden | 36:21 | 39:59 |  |  |  |  |
| Alison Gray | 36:27 | 36:22 |  |  |  |  |
| Tracy Heslop | 31:09 | 34:26 |  |  |  |  |
| Carole Airey | 36:35 | - |  |  |  |  |
| Lynne Fancey | 36:24 | 36:21 |  |  |  |  |
| Margaret Swinton | 35:59 | - |  |  |  |  |
| Wendy Hirst | 36:00 | - |  |  |  |  |
| Irene Preston | - | 39:47 |  |  |  |  |
| Pam Murphy | - | 39:49 |  |  |  |  |
| Keren Schofield | - | 40.01 |  |  |  |  |
| Paul Schofield | - | 40:02 |  |  |  |  |
| Lynne Lawson | - | 34:27 |  |  |  |  |
| Karen Rudd | - | 40:04 |  |  |  |  |
| Sarah Graves | - | 40:03 |  |  |  |  |
| Amanda Hardy | - | 29:57 |  |  |  |  |
|  |  |  |  |  |  |  |

**2 MILES**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Run 1**  **Oct 2024** | **Run 2**  **Nov 2024** | **Run 3**  **Dec 2024** | **Run 4**  **Jan 2025** | **Run 5**  **Feb 2025** | **Run 6**  **March 2025** |
| **Name** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Carole McMahon | 27:07 | 25:06 |  |  |  |  |
| Pauline Penrose | 27:07 | - |  |  |  |  |
| Gill Langton | 29:14 | 30:41 |  |  |  |  |
| Christine Taylor | 25:27 | - |  |  |  |  |
| Kerry Stephenson | 29:13 | - |  |  |  |  |
| Bridget Horner | 25:27 | - |  |  |  |  |
| Caroline Tomlinson | - | 25:49 |  |  |  |  |
| Liz Hunter | - | 21:59 |  |  |  |  |
| Julie Roebuck | - | 25:43 |  |  |  |  |
| Sharon Butler | - | 25:47 |  |  |  |  |
| Louise Newton | - | 26.51 |  |  |  |  |
| Sarah Mudd | - | 26.52 |  |  |  |  |
| Linda Sunman | - | 27:43 |  |  |  |  |
| Jessica Morris | - | 23:39 |  |  |  |  |
| Jackie Hessey | 3 mile | 27:44 |  |  |  |  |
| Helen Collins | - | 27:39 |  |  |  |  |

**3 MILES**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Run 1**  **Oct 2024** | **Run 2**  **Nov 2024** | **Run 3**  **Dec 2024** | **Run 4**  **Jan 2025** | **Run 5**  **Feb 2025** | **Run 6**  **March 2025** |
| **Name** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Ashleigh Brailey | 26:28 | 26.33 |  |  |  |  |
| Charlie Watson | 23:49 | - |  |  |  |  |
| Stacey Hornby | 31:03 | - |  |  |  |  |
| Nicola Spencer | 34:32 | - |  |  |  |  |
| Vanessa Chu | 29:11 | 29.55 |  |  |  |  |
| Yvonne Foster | 32:45 | - |  |  |  |  |
| Claire Ball | 29:10 | 27:45 |  |  |  |  |
| Alex Abel | 25:15 | 24:41 |  |  |  |  |
| Jackie Hessey | 35:10 | 2 mile |  |  |  |  |
| Alasdair Hunter | - | 24:43 |  |  |  |  |
| Barry Cracknell | - | 23:18 |  |  |  |  |
| Kim Miller-Shakesby | - | 26:17 |  |  |  |  |
| Aimee Carver | - | 29:32 |  |  |  |  |
| Lucy Mell | - | 29:35 |  |  |  |  |
| Dave Sunman | - | 26:13 |  |  |  |  |
|  |  |  |  |  |  |  |

Timer – October –Caroline November - Caroline December Jan – Feb – March -

1 mile – Oct –Sam November – December – Jan – Feb - March