

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 1 SUMMER	Route
SUMMER ROUTE 1 LEISURE CENTRE 1 MILE	Miles
<p>Map: https://www.mapometer.com/running/route_5270042</p> <p>Route: L Flemingate – R Eastgate – R Railway Street – R Railway Street – cross railway – L Grovehill Road – R St Nicholas Road – R Holme Church Lane – R Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	<p>1S 1 mi</p>
SUMMER ROUTE 1 LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5270049</p> <p>Route: L Flemingate – L Minster Yard South – Keldgate – L Queensgate – L Woodmansey Mile - L Long Lane – cross to St John Street – R Minster Yard North – R Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	<p>1S 2 mi</p>
SUMMER ROUTE 1 LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5270056</p> <p>Route: L Flemingate – L Minster Yard South – Keldgate – Cartwright Lane – R footpath along edge of Westwood – across Westwood Road – along path through Newbegin Pits – R York Road – Wylies Road – R Manor Road – L Norwood – R Mill Lane – L Trinity Lane – cross railway – R Armstrong Way – base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	<p>1S 3 mi</p>

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

SUMMER ROUTE 1 LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5270059</p> <p>Route: R Flemingate – R Spark Mill Lane – follow track – R at T junction – cross railway (take care) – follow path to Long Lane – L Long Lane – R Willow Lane past caravan site – L at gate and follow path round bearing left to Minster Way along field edge – L Minster Way – L Hull Road A1174 – over flyover – take steps down to Becks North (take care steep steps) – L Blucher Lane – R Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails so be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	1S 4 mi
SUMMER ROUTE 1 LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5374660</p> <p>Route: L Flemingate – L Minster Yard South – Keldgate – Cartwright Lane – Walkington Road (to Westwood) – follow road to whiting works at top – R follow hedge along edge of Westwood – Burton Bushes – R York Road – Wylies Road – R Manor Road – New Walkergate – L Railway Street – cross railway – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	1S 5 mi
SUMMER ROUTE 1 LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5270066</p> <p>Route: R Flemingate – R Spark Mill Lane – follow track – R at T junction – cross railway (take care) – follow path to Long Lane – L Long Lane – L Hull Road A1174 Woodmansey – over flyover – take steps down to Becks North (take care steep steps) – R Blucher Lane – L through barriers to Holme Church Lane – R Flemingate – base</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	1S 6 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 2 SUMMER	Route
SUMMER ROUTE 2 LEISURE CENTRE 1 MILE	Miles
<p>Map: https://www.mapometer.com/running/route_4892486</p> <p>Route: L – Flemingate – L Minster Yard North – Minster Moorgate – L Lairgate – L Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	2S 1 mi
SUMMER ROUTE 2 LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_4892489</p> <p>Route: L Flemingate – R Armstrong Way – cross railway – L Railway Street – Lord Roberts Road – L Champney Road – L Princes Gardens – Regent Street – L Minster Moorgate – R St John Street – across to Long Lane – straight on – L to bridle path at corner – cross railway (take care) – L Sparkmill Lane – L Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	2S 2 mi
SUMMER ROUTE 2 LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_4890264</p> <p>Route: R Flemingate – R Sparkmill Lane – R at T junction – cross railway (take care) – L Long Lane – R onto Willow Lane past caravan site – L onto footpath path at end – R at T junction on path – through snicket – R Chester Avenue – R Ripon Avenue – R Lincoln Way – R Woodmansey Mile – L Long Lane – R footpath – cross railway (take care) – L Sparkmill Lane – L Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	2S 3 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

SUMMER ROUTE 2 LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5310295</p> <p>Route: L Flemingate – L Minster Yard South – Keldgate – Cartwright Lane – R along path at edge of Westwood – across Walkington Road – follow path through Newbegin Pits – R York Road – L North Bar Without – New Walk – R Molescroft Park – L Molescroft Avenue – R St Leonards Road – R Manor Road – New Walkergate – L Railway Street – cross railway – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	2S 4 mi
SUMMER ROUTE 2 LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5374331</p> <p>Route: R – Flemingate – R Sparkmill Lane – R at T junction – cross railway (take care) – L Long Lane – R Willow Lane past caravan site – L onto path – follow path along field edge towards Minster Way – L Minster Way – L Hull Road A1174 – over flyover – Swinemoor Lane – L at 2nd snicket – L Sigston Road – Warton Ave – R Grovehill Road – L Beaver Road – R Holmechurch Lane – Blucher Lane – R Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	2S 5 mi
SUMMER ROUTE 2 LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5310300</p> <p>Route: L Flemingate – Minster Yard South – Keldgate – Cartwright Lane – Keldgate Road – Walkington Road – follow road to whiting works at top – R follow hedge along edge of Westwood – cross Newbald Road – through Burton Bushes – R York Road – Wylies Road – R Manor Road – L Norwood – R Mill Lane – L across railway – R Cherry Tree Lane – L Grovehill Road – R Beaver Road – R Holme Church Lane – Blucher Lane – R Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	2S 6 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 3 SUMMER	Route
SUMMER ROUTE 3 LEISURE CENTRE 1 MILE	Miles
<p>Map: https://www.mapometer.com/running/route_5374339</p> <p>Route: R Flemingate – R Sparkmill Lane – R at T junction – cross railway (take care) – R Long Lane – R Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	3S 1 mi
SUMMER ROUTE 3 LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_4892443</p> <p>Route: R Flemingate – R Hull Road A1174 – R Minster Way – R at footpath across field leading to track (between fences) – R Spark Mill Lane – R Flemingate – L Holme Church Lane – St Nicholas Road – L Dickinson Walk – L past Premier Inn – straight on to base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	3S 2 mi
SUMMER ROUTE 3 LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_4892446</p> <p>Route: L Flemingate – Minster Yard South - L Long Lane – R Willow Lane (past caravan site) – L path along field edge to Minster Way – L Minster Way – L Hull Road – L Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	3S 3 mi
SUMMER ROUTE 3 LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_4892448</p> <p>Route: R Flemingate – R Hull Road A1174 – R Minster Way – R Lincoln Way – R Woodmansey Mile – L Long Lane – R Minster Yard South – R Flemingate – base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	3S 4 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

SUMMER ROUTE 3 LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_4892449</p> <p>Route: L Flemingate – L Minster Yard South – Keldgate – Cartwright Lane – L Sloe Lane – Queensgate – R Victoria Road – L Minster Way – L Hull Rd A1174 – over flyover – L Grovehill Road – L Armstrong way – L Flemingate – base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	3S 5 mi
SUMMER ROUTE 3 LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_4892450</p> <p>Route: R Flemingate – R Hull Road – R Minster Way – R Victoria Road – L Queensgate – L Sloe Lane – L Keldgate – R Walkington Road – left along path through Newbegin Pits – R York Road – Wylies Road – R Manor Road – New Walkergate – L Railway Street cross railway – R Armstrong way – base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	3S 6 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 4 SUMMER	Route
SUMMER ROUTE 4 LEISURE CENTRE 1 MILE	Miles
<p>Map: https://www.mapometer.com/running/route_4892452</p> <p>Route: R Flemingate – R Spark Mill Lane – R at T junction – cross railway (take care) – R into snicket as you reach Long Lane – Minster Avenue – R St Andrews Street – R Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	4S 1 mi
SUMMER ROUTE 4 LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_4892454</p> <p>Route: L Flemingate – L Minster Yard South – L Long Lane – R onto Willow Lane (past caravan site) – R on path at end – R Lincoln Way – R Woodmansey Mile – L Figham Springs Way – R Sage Close – L Sage Close and through barriers to Long Lane – L Long Lane – R Minster Yard South – R Flemingate – base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	4S 2 mi
SUMMER ROUTE 4 LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_4896401</p> <p>Route: L Flemingate – L Minster Yard South – L Long Lane – R Woodmansey Mile – L Lincoln Way – R Winchester Avenue – through snicket to Victoria Road – R Victoria Road – L Queensgate – L Sloe Lane – L Keldgate Road – R at gate onto Westwood – R to snicket by Minster School – R Ellerker Road – L Central Avenue – R The leases – R Admiral Walker Road – L Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings. Take care on flyover steps.</p>	4S 3 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

SUMMER ROUTE 4 LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_4892459</p> <p>Route: R Flemingate – L Blucher Lane – Holme Church Lane – R Hull Road A1174 – over flyover – continue on A1174 to Woodmansey – L King – R Shopeth Way – R Queensway – through barriers onto Warton Drive – R Hull Rd A1174 – over flyover – down steps to Becksie – L Blucher Lane – R Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings. Take care on steps of flyover.</p>	<p>4S 4 mi</p>
SUMMER ROUTE 4 LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_4892460</p> <p>Route: R Flemingate – R Hull Road A1174 (follow Hull Road all way to Long Lane Woodmansey) – R Long Lane – R Minster Yard South – R Flemingate – base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	<p>4S 5 mi</p>
SUMMER ROUTE 4 LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_4892463</p> <p>Route: R Flemingate – L Blucher Lane – R Becksie North – L through snicket to Akester Close – R Bielby Drive – R Holme Church Lane – 2nd L Swinemoor Lane – cross roundabout to Grange Way – Pighill Lane – R Woodhall Way – L Driffield Road – L Molescroft Road – R Norfolk Street – L along fence to at side of Westwood – cross road to path through Newbegin Pits – cross Westwood Road and follow hedge – L Cartwright Lane – Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	<p>4S 6 mi</p>

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

SUMMER ROUTE 5 LEISURE CENTRE	Route
SUMMER ROUTE 5 LEISURE CENTRE 1 MILE	Miles
<p>Map: https://www.mapometer.com/running/route_4896410</p> <p>Route: R Flemingate – R Beckside – R Figham Road – R Mill View Road – L cut through to park – Scaife Close – R Mill View Road – L Figham Road – L Beckside – Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	5S 1 mi
SUMMER ROUTE 5 LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_4896412</p> <p>Route: R Flemingate – R Spark Mill Lane – L at T junction – follow track round to right – L Minster Way – L Hull Road A1174 – over flyover – down steps to Beckside North (take care) – R Blucher Lane – L through barriers to Holme Church Lane – R Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	5S 2 mi
SUMMER ROUTE 5 LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_4896413</p> <p>Route: R Flemingate – R Hull Road – R Hull Rd A1174 – L King Street Woodmansey – R Shopeth Way – R Queensway – through cut to Warton Drive – R Hull Road A1174) – L Hull Road – L Flemingate – base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	5S 3 mi
SUMMER ROUTE 5 LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5374358</p> <p>Route: L Flemingate – L Minster Yard South – L Long Lane – R Woodmansey Mile – L Lincoln Way – R through snicket just after the Co-Op – R Victoria Road – L Queensgate – L Sloe Lane – L Keldgate Road – R through gate on to Westwood – follow edge of Westwood across Walkington Road – path through Newbegin Pits – R York Road – Wylies Rd – R Manor Road – New Walkergate – L Wilbert Lane – R Trinity Lane – cross railway – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	5S 4 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

SUMMER ROUTE 5 LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5310297</p> <p>Route: L Flemingate – R Eastgate – R Railway Street – L New Walkergate – Manor Road – Wylies Rd – R North Bar Without – L Norfolk Street – L onto Westwood – follow hedge – R York Road – L Newbald Rd – follow Newbald Road all the way to far end of Westwood – L at Westwood boundary along hedge to Walkington Road – L Walkington Road – R Keldgate Road – Cartwright Lane – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	5S 5 mi
SUMMER ROUTE 5 LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_4896415</p> <p>Route: R Flemingate – R Hull Road – follow Hull Road A1174 all the way to Woodmansey – R Long Lane – L Woodmansey Mile – R Queensgate – R Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	5S 6 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 6 SUMMER	Route
SUMMER ROUTE 6 LEISURE CENTRE 1 MILE	Miles
<p>Map: https://www.mapometer.com/running/route_5374360</p> <p>Route: L Flemingate – L St Andrew Street – L Minster Avenue – R through snicket to Long Lane – L Long Lane and onto track – cross railway (take care) – L Spark Mill Lane – L Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	6S 1 mi
SUMMER ROUTE 6 LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5374362</p> <p>Route: L Flemingate – L Minster Yard South – L Long Lane – R Woodmansey Mile – R Queensgate – R Keldgate – L St John Street – R Minster Yard North – R Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	6S 2 mi
SUMMER ROUTE 6 LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5374363</p> <p>Route: L Flemingate – L Minster Yard South – L Long Lane – R Willow Lane (past caravan site) – L onto path – keep bearing left along field edge towards Minster Way – L Minster Way – L to footpath between fences – R Spark Mill Lane – L Flemingate – L base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single</p>	6S 3 mi
SUMMER ROUTE 6 LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5374365</p> <p>Route: L Flemingate – L Minster Yard South – L Long Lane – R Woodmansey Mile – L Lincoln Way – L Minster Way – L Hull Road A1174 – L Hull Road – L Becksides – Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file.</p>	6S 4 mi

BEVERLEY FITMUMS & FRIENDS
SUMMER ROUTES FROM BEVERLEY LEISURE CENTRE

SUMMER ROUTE 6 LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5374367</p> <p>Route: R Flemingate – R Spark Mill Lane – R at T junction – cross railway (take care) – L Long Lane – R Woodmansey Mile – R Queensgate A164 – L Butt Lane – R Queensgate – L Sloe Lane – L Keldgate Road – R Walkington Road – L down Hill 60 alongside Newbegin Pits – R Newbald Road – R York Road – Wylies Rd – R Manor Road – L Norwood – R Mill Lane – L Trinity Lane – cross railway – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Use crossings.</p>	6S 5 mi
SUMMER ROUTE 6 LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5374379</p> <p>Route: L – Flemingate – L St Andrew Street – L Minster Avenue – through snicket – L Long Lane – under Minster Way – R Shepherds Lane – L at farm on corner and straight on (Route 66) – follow track up to bridge over A1079 – R on path immediately after bridge – follow path round to A164 – R A164 – Victoria Road – R Woodmansey Mile – L Long Lane – R through snicket – L Minster Avenue – R St Andrew Street – R Flemingate – R base.</p> <p>Cautions: Sections of this route are on trails be alert for trip hazards, hidden holes and branches at head height. Be aware of pedestrians on narrow footpaths on exit and return to Leisure Centre. Instruct runners to go in single file. Take care crossing roads.</p>	6S 6 mi