



**Pocklington Fitmums and Friends
Training Schedule
Autumn/Winter 2025-26**

Sep 2025					
Date	Day	Activity	Venue	Time	Route
04/09/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	Summer A
11/09/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	B
18/09/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	C
22/09/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
25/09/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	Winter D

Oct 2025					
Date	Day	Activity	Venue	Time	Route
02/10/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	E
09/10/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	F
16/10/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	G
20/10/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
23/10/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	H
30/10/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	A

Nov 2025

Date	Day	Activity	Venue	Time	Route
06/11/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	B
13/11/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	C
17/11/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
20/11/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	D
27/11/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	E

Dec 2025

Date	Day	Activity	Venue	Time	Route
04/12/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	F
11/12/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	G
18/12/2025	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	H
25/12/2025	Thursday	Closed	Bank Holiday	18:45	Christmas Day

Jan 2026

Date	Day	Activity	Venue	Time	Route
01/01/2026	Thursday	Closed	Bank Holiday	18:45	New Year's Day
08/01/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	A
12/01/2026	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
15/01/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	B
22/01/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	C
29/01/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	D

Feb 2026					
Date	Day	Activity	Venue	Time	Route
05/02/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	E
09/02/2026	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
12/02/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	F
19/02/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	G
26/02/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	H

Mar 2026					
Date	Day	Activity	Venue	Time	Route
05/03/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	A
09/03/2026	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
12/03/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	B
19/03/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	C
26/03/2026	Thursday	Run/Walk	Pocklington Fire Station. Station Road. YO42 2SQ	19:00	D