**MAPOMETER WEBLINKS**

**WEEK A**

1 mile <https://gb.mapometer.com/running/route_5265947>

2 mile <https://gb.mapometer.com/running/route_5265950.html>

3 mile <https://gb.mapometer.com/running/route_5265953.html>

4 mile **ALL YEAR** <https://gb.mapometer.com/running/route_5319496.html>

4 mile **SUMMER** <https://gb.mapometer.com/running/route_5253725>

5 mile <https://gb.mapometer.com/running/route_5259488.html>

6 mile <https://gb.mapometer.com/running/route_5253740>

**WEEK B**

1 mile <https://gb.mapometer.com/running/route_5265948.html>

2 mile <https://gb.mapometer.com/running/route_5265951.html>

3 mile <https://gb.mapometer.com/running/route_5265954>

4 mile <https://gb.mapometer.com/running/route_5259497>

5 mile <https://gb.mapometer.com/running/route_5253733.html>

6 mile <https://gb.mapometer.com/running/route_5259490>

**WEEK C**

1 mile <https://gb.mapometer.com/running/route_5265949.html>

2 mile <https://gb.mapometer.com/running/route_5265952.html>

3 mile **ALL YEAR** <https://gb.mapometer.com/running/route_5311581.html>

3 mile **SUMMER** <https://gb.mapometer.com/running/route_5265956.html>

4 mile **ALL YEAR** <https://gb.mapometer.com/running/route_5311631.html>

4 mile **SUMMER** <https://gb.mapometer.com/running/route_5259499>

5 mile **SUMMER** <https://gb.mapometer.com/running/route_5259501>

6 mile **SUMMER** <https://gb.mapometer.com/running/route_5259495>

**WEEK D**

1 mile <https://gb.mapometer.com/running/route_5311545.html>

2 mile **ALL YEAR** <https://gb.mapometer.com/running/route_5310179.html>

2 mile **S UMMER** <https://gb.mapometer.com/running/route_5259486.html>

3 mile <https://gb.mapometer.com/running/route_5265955.html>

4 mile <https://gb.mapometer.com/running/route_5267412>

5 mile <https://gb.mapometer.com/running/route_5253729.html>

6 mile<https://gb.mapometer.com/running/route_5253744>

**WEEK E**

1 mile <https://gb.mapometer.com/running/route_5311550.html>

2 mile <https://gb.mapometer.com/running/route_5311566.html>

3 mile <https://gb.mapometer.com/running/route_5269054.html>

4 mile <https://gb.mapometer.com/running/route_5311623.html>

5 mile <https://gb.mapometer.com/running/route_5277367.html>

6 mile <https://gb.mapometer.com/running/route_5277369>

WEEK F

1 mile [MW FM 1 Mile route F . Mapometer.com running route #5396043](https://gb.mapometer.com/running/route_5396043.html)

2 mile [MW FM 2 Mile Route F . Mapometer.com running route #5396045](https://gb.mapometer.com/running/route_5396045.html)

3 mile [MW FM 3 Mile Route F . Mapometer.com running route #5396063](https://gb.mapometer.com/running/route_5396063.html)

4 mile [MW FM 4 Mile Route F . Mapometer.com running route #5396059](https://gb.mapometer.com/running/route_5396059.html)

5 mile [MW runners FM 5 Miles Route F . Mapometer.com running route #5396062](https://gb.mapometer.com/running/route_5396062.html)

6 mile [MW FM 6 Mile Route F . Mapometer.com running route #5396065](https://gb.mapometer.com/running/route_5396065.html)

WALKING ROUTES

1 mile [1 MILE WALKING ROUTE. Mapometer.com walking route #5378375](https://gb.mapometer.com/walking/route_5378375.html)

2.3 mile [2.3 MILE WALKING ROUTE . Mapometer.com walking route #5378376](https://gb.mapometer.com/walking/route_5378376.html)