

Humber A.A. & Lincolnshire A.A. Track & Field Championships 2022 Schedule.

Saturday 14th May, Costello Stadium, Hull, & Sunday 15th May The Princess Royal Sports Arena Boston

EA Licence No. **OUT 22/121**

Eligibility to Compete :-Athletes are eligible either by virtue of birth or residence in either of the two counties (Humber AA comprising the four unitary authorities of North East Lincolnshire, North Lincolnshire, East Yorkshire and Kingston upon Hull). Some athletes will have a dual qualification i.e. born in one county living in the other – these athletes must choose which county they wish to compete in, or for. They must stay with the same county each calendar year so if they entered Cross Country Championships of either county in 2021/2022 XC season they have made their choice for this year.

Age Groups :

U11 (School Yrs 4-5) and at least 8 years old on Saturday 13th May. 2022.,

U13 (School Yrs 6-7), **U15** (School Yrs 8-9) **U17** (School Yrs 10-11),

U20 (Juniors) are 17 or over on Aug. 31st, 2022 and under 20 on Dec. 31st, 2022

Seniors are 20 and over on Dec. 31st, 2022 Categories for **Masters** will be V35+, V50+ and V60+ only.(Years old on the day of competition)

Awards The first three competitors from each county, in each event and age group will receive the award of their county. Athletes will not be separated by county, but the first three in each event from each county will receive the awards even if this means looking at heat times to determine the positions- Photo-finish is to be used in the Championships.

Entries. We are using a new Platform this year and all athletes, parents, coaches or clubs will need to follow this link to create an initial account. Those who have entered EA events will already have an account. <https://meets.rosterathletics.com/public/signup> Once signed up simply search for our Humber and Lincolnshire Championships event or use this link <https://meets.rosterathletics.com/public/competitions/details/about?id=3167>

Data Protection:- "You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category. *In compliance with the Data Protection Act.*

Starting heights and Number of trials In all Field events except HJ and PV competitors will have four trials and if they achieve AAA Grade III standard in one of those trials they will be entitled to a further 2 trials. In the case of Masters/Veterans, who will throw the weights appropriate to their age, achieving the corresponding Masters standard in the first four rounds, shall determine whether or not two further trials are awarded. Similarly achieving Masters Standards in the first four rounds of horizontal jumps will determine whether or not 2 further trials are allowed. Opening heights U13 Girls HJ will open at 1.15 m; U13 Boys HJ at 1.20 m- the bar rising in 5 cm increments. PV will start at 1.70 m rising in 10 cm increments.

Entry fees £8 per Event.

Please note the number of events an athlete in each age group may compete in is as below. They may enter more events but this is the maximum in which they can compete.

U11-3 events; **U13**-3 events each day; **U15** – 3 events each day; **U17** - 3 events each day, **U20** – 4 events each day, **Seniors and Masters** – 5 events each day

Closing date:- 23.59pm. Sunday 24th April 2022

Humber A.A. & Lincolnshire A.A. Track & Field Championships 2022 Schedule.

Saturday, 14th May, Costello Stadium, Hull, & Sunday, 15th The Princess Royal Sports Arena Boston

EVENT SCHEDULE - Start Time 11.00 a.m. both days

Saturday, 14th May, Costello Stadium, Hull.

Under 11 Girls

Under 13 Girl

Under 15 Girls

Under 17 Women

Under 20 Women

Senior Women

Veteran Women (V35+, V50+& V60+ only)

Under 11 Boys

Under 13 Boys

Under 15 Boys

Under 17 Men

Under 20 Men

Senior Men

Pole Vault, Long Jump

Veteran Men (V35+, V50+& V60+ only)

75m Hurdles, 200m, 800m, Discus, Shot

75m Hurdles, 200m, 800m Shot Long Jump, Discus, Hammer.

Pole Vault, Shot

300mH 200m, 800m, 3000m, Discus, Hammer, Shot Put, Long Jump,
, Pole Vault

400mH 200m, 800m, 3000m, Discus, Hammer, Shot, Long Jump
, Pole Vault

400mH 200m, 800m, 5000m, Discus, Hammer, Shot Put, Long Jump
Pole Vault

400mH (300mH 50+) 200m, 800m, 5000m, Discus, Hammer, Shot Put
Long Jump, Pole Vault

75m Hurdles, 200m, 800m, Discus, High jump,

80m Hurdles, 200m, 800m, Discus, Hammer, High Jump, Long Jump.
Pole Vault

200m, 800m, 3000m, 400m Hurdles, Discus, Hammer, High Jump,
Long Jump, Pole Vault

200m, 800m, 3000m, 400m Hurdles, Discus, Hammer, High Jump
Pole Vault., Long Jump

200m, 800m, 5000m, 400m H, Discus, Hammer, High jump

Javelin.

200m, 800m, 5000m, 400mH (V60+ 300mH) Discus, Hammer, high jump,
Pole Vault, Long Jump

Sunday 15th May, Boston Princess Royal Sports Arena

80m, 150m, 600, Long Jump

100m, 1200m, Javelin Throw, High Jump, Long Jump

100m, 300m, 1500m, Javelin Throw, High Jump,

100m, 300m, 1500m, 80 m Hurdles, Javelin Throw, Triple Jump,
High Jump

100m, 400m, 1500m, 100m Hurdles, Javelin Throw, Triple Jump
High Jump

100m, 400m, 1500m, 100m Hurdles, Javelin Throw Triple Jump
High Jump

100m, 400m, 1500m, 80m Hurdles, Javelin Throw, Triple Jump
High Jump

80m, 150m, 600m Long Jump

100m, 1500m, Javelin Throw,, Shot, Long Jump

100m, 300m, 1500m Javelin Throw, Shot,

100m, 400m, 1500m, 100m Hurdles, Javelin Throw, Triple Jump,
Shot put

100m, 400m, 1500m, 110m Hurdles, Javelin Throw, Triple Jump,
Shot Put

100m, 400m, 1500m, 110m Hurdles, Javelin Throw, Triple Jump,
Shot Put

100m, 400m, 1500m, 100m Hurdles, Javelin Throw, Triple Jump,
Shot Put

County 10Km Championship event to be arranged for later in the season.