



**Dearne Valley Fitmums and Friends
Training Schedule
Autumn/Winter 2025-26**

Sep 2025					
Date	Day	Activity	Venue	Time	Route
02/09/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	F
09/09/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	A
16/09/2025	Tuesday	Timed Run	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	2 Miles
23/09/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	B
30/09/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	C

Oct 2025					
Date	Day	Activity	Venue	Time	Route
07/10/2025	Tuesday	S & C	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	Coached
14/10/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	D
21/10/2025	Tuesday	Timed Run	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	2 Miles
28/10/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	E

Nov 2025					
Date	Day	Activity	Venue	Time	Route
04/11/2025	Tuesday	S & C	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	Coached
11/11/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	F
18/11/2025	Tuesday	Timed Run	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	2 Miles
25/11/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	A

Dec 2025					
Date	Day	Activity	Venue	Time	Route
02/12/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	Coached
09/12/2025	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	B
16/12/2025	Tuesday	Timed Run	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	2 Miles
23/12/2025	Tuesday	Closed			Christmas Break
30/12/2025	Tuesday	Closed			Christmas Break

Jan 2025					
Date	Day	Activity	Venue	Time	Route
06/01/2026	Tuesday	S & C	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	Coached
13/01/2026	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	C
20/01/2026	Tuesday	Timed Run	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	2 Miles
27/01/2026	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	D

Feb 2025

Date	Day	Activity	Venue	Time	Route
03/02/2026	Tuesday	S & C	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	Coached
10/02/2026	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	E
17/02/2026	Tuesday	Timed Run	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	2 Miles
24/02/2026	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	F

Mar 2025

Date	Day	Activity	Venue	Time	Route
03/03/2026	Tuesday	S & C	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	Coached
10/03/2026	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	A
17/03/2026	Tuesday	Timed Run	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	2 Miles
24/03/2026	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	B
31/03/2026	Tuesday	Run/Walk	Mexborough Community Hub, New Oxford Rd. S64 0JL	18:30	C