

BEVERLEY FITMUMS & FRIENDS
ANYTIME ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 1A ANYTIME	ROUTE
ROUTE 1A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5287937</p> <p>Directions: L Flemingate – R Eastgate – R Railway Street – over railway line – L Grovehill Road – R St Nicholas Road – R Hamilton Walk – L just before H&M – straight across roundabout – base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Uneven paving slabs on Hamilton Walk.</p>	<p>1A 1 mi</p>
ROUTE 1A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5287934</p> <p>Directions: L Flemingate – L Minster Yard South – L Long Lane – cross R and cut through to Sage Close – L Sage Close – R Sage Close – L Figham Springs Way – R Woodmansey Mile – R Queensgate A164 – cross zebra to Butt Lane – R Queensgate – L Sloe Lane – R Cartwright Lane – cross mini roundabout – Keldgate – Minster Yard South – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>1A 2 mi</p>
ROUTE 1A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5287947</p> <p>Directions: R Flemingate – L Blucher Lane – Holmechurch Lane – at roundabout 2nd L Swinemoor Lane – L Hull Bridge Road – Norwood – L New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>1A 3 mi</p>

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ROUTE 1A LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5287949</p> <p>Directions: R Flemingate – L Blucher Lane – Holmechurch Lane – R Hull Road A 1174 – over flyover – L at roundabout (use crossing) – continue on Hull Road A1174 – L King Street (use crossing) – R Shopeth Way – R Queensway – cut through to Warton Drive – R Hull Road A1174 – R at roundabout – L Hull Road – Becksides – Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings.</p>	1A 4 mi
ROUTE 1A LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5288153</p> <p>Directions: L Flemingate – R Eastgate – L Minster Yard North – Minster Moorgate – R Lairgate – L Central Avenue – use crossing – L The Leases – R Thurstan Road – Sloe Lane – R Queensgate – R Victoria Road – L Minster Way – L Lincoln Way – R Ripon Avenue – L Lincoln Way – cross Woodmansey Mile to Newton Drive – L Butt Lane – R Queensgate A164 – Admiral Walker Road – Lairgate – North Bar Within – R Wylies Road – R Manor Road – New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing the railway.</p>	1A 5 mi
ROUTE 1A LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5287958</p> <p>Directions: L Flemingate – R Armstrong Way – L across railway line – R Trinity Lane – R Mill Lane – L Norwood – R Manor Road – Woodhall Way – R Pighill Lane – R Grange Way - R Hull Bridge Road – Norwood – cross from Sleepers to Hengate (right hand side) Hengate – Wood Lane – L St Mary's Terrace – Albert Terrace – The Leases – R Admiral Walker Road – 2nd L Queensgate A164 – R Queensgate – L Butt Lane – cross at zebra – continue on Butt Lane – bear L Kitchen Lane – R Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Be aware of posts on Pigill Lane.</p>	1A 6 mi

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ROUTE 2A ANYTIME	ROUTE
ROUTE 2A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5289027</p> <p>Directions: L Flemingate – L Minster Yard North – Minster Moorgate – L Lairgate – L Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	2A 1 mi
ROUTE 2A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5289028</p> <p>Directions: R Flemingate – Becksie – Hull Road – L Hull Road A1174 – over flyover – at roundabout 2nd L Grovehill Road – L St Nicholas Road – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings.</p>	2A 2 mi
ROUTE 2A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5289031</p> <p>Directions: L Flemingate – L Minster Yard North – Minster Moorgate – R Lairgate – L Champney Road (use crossing) – L The Leases – R Central Avenue – Thurstan Road – Sloe Lane – R Queensgate – Victoria Road – use crossing to cut through to Winchester Avenue — R Lincoln Way – L Ripon Avenue – R Lincoln Way – R Woodmansey Mile – L Figham Springs Way – R Sage Close – L Sage Close – cut through to Long Lane – L Long Lane – R Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	2A 3 mi

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ROUTE 2A LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5289036</p> <p>Directions: L – Flemingate – R Eastgate – L Railway Street – Lord Roberts Road – L Champney Road – R Lairgate – North Bar Within – North Bar Without – New Walk – R Bleach Yard – L The Paddock – R Westfield Avenue – R Woodhall Way – Manor Road – R Wylies Road – L North Bar Within – R Wood Lane – L St Mary’s Terrace – Albert Terrace – The Leases – R Central Avenue – Thurstan Road – L Cartwright Lane – cross to Keldgate at mini roundabout – Keldgate – Minster Yard South – R Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	2A 4 mi
ROUTE 2A LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5289042</p> <p>Directions: R Flemingate – L Blucher Lane – R Becks North – L Akester Close (snicket) – R Bielby Drive – R Holmechurch Lane – at roundabout 2nd L Swinemoor Lane – Grange Way – Pighill Lane – R Woodhall Way – L Driffield Road – L Molescroft Road – New Walk – North Bar Without – North Bar Within – Toll Gavel – Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Be aware of posts on Pighill Lane. Take care crossing railway.</p>	2A 5 mi
ROUTE 2A LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5289043</p> <p>Directions: L Flemingate – L Minster Yard South – Keldgate – R Lairgate – North Bar Within – North Bar Without – Molescroft Road – R Driffield Road – Woodhall Way – Manor Road – L Norwood – Hull Bridge Road – R Swinemoor Lane – at roundabout 2nd R Holmechurch Lane – bear R Holmechurch Lane through barriers – R Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	2A 6 mi

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ROUTE 3A ANYTIME	ROUTE
ROUTE 3A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5289319</p> <p>Directions: R Flemingate – Beckside – L Blucher Lane -L through barriers to Holmechurch Lane – R St Nicholas Road – L Grovehill Road – L Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings.</p>	<p>3A 1 mi</p>
ROUTE 3A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5289322</p> <p>Directions: L Flemingate – R Eastgate – R Railway Street – L New Walkergate – R Norwood – R Mill Lane – L over railway line – R Cherry Tree Lane – R Grovehill Road – L Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>3A 2 mi</p>
ROUTE 3A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5289327</p> <p>Directions: L Flemingate – L Minster Yard South – Keldgate – L Kitchen Lane – bear R Butt Lane – cross Queensgate A164 at zebra and continue on Butt Lane – R Queensgate – L Sloe Lane – Thurstan Road – Central Avenue – L The Leases – Albert Terrace – St Mary’s Terrace – R Wood Lane – L North Bar Within – R Wylies Road – R New Walkergate – L Railway Street – over railway line – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>3A 3 mi</p>

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ROUTE 3A LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5289331</p> <p>Directions: R Flemingate – L Holmechurch Lane (clock shop) – through barriers – Holmechurch Lane – at roundabout 2nd L Swinemoor Lane – Grange Way – Pighill Lane – L Woodhall Way – Manor Road – New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Be aware of posts on Pigill Lane.</p>	3A 4 mi
ROUTE 3A LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5289335</p> <p>Directions: L Flemingate – R Eastgate – R Railway Street – L New Walkergate – Manor Road – L Wylies Road – R North Bar Without – New Walk – Molescroft Road – R Driffield Road – R Woodhall Way – Manor Road – L Norwood – R Mill Lane – L over railway line – R Cherry Tree Lane – L Grovehill Road – R Beaver Road – R Holmechurch Lane – R Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	3A 5 mi
ROUTE 3A LEISURE CENTRE 6 MILES	
<p>Map https://www.mapometer.com/running/route_5289435</p> <p>Directions: R Flemingate – Becksides – Hull Road – R Hull Road A 1174 – L at roundabout (use crossing) – Hull Road A1174 – continue until 'cyclist dismount' sign after Coletta & Tyson then turn around – Hull Road A1174 – R at roundabout (use crossing) – Hull Road A1174 – L Hull Road – Becksides – Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings.</p>	3A 6 mi

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ROUTE 4A ANYTIME	ROUTE
ROUTE 4A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5289760</p> <p>Directions: L Flemingate – R Eastgate – L Railway Street -Lord Roberts Road – L Champney Road – L Princes Gardens – Regent Street – L Minster Moorgate – Minster Yard North – R Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	4A 1 mi
ROUTE 4A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5289764</p> <p>Directions: L Flemingate – R Armstrong Way – cross railway line – L Railway Street – R New Walkergate – Manor Road – L Wylies Road – L North Bar Within – Saturday Market – Toll Gavel – Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	4A 2 mi
ROUTE 4A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5289770</p> <p>Directions: . L Flemingate – R Eastgate – R Railway Street – L New Walkergate – Manor Road – L Wylies Road – R North Bar Without – New Walk – R Bleach Yard – R The Paddock – Eden Road – R Woodhall Way – Manor Road – L Norwood – R Wellington Road – R Mill Lane – over railway line – R Cherry Tree Lane – R Grovehill Road – L Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	4A 3 mi
ROUTE 4A LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5289773</p> <p>Directions: L Flemingate – R Armstrong Way – over railway line – R Trinity Lane – R Mill Lane – R Norwood – L Grove Park – through cut through to Copandale Road – R Copandale Road – Scrubwood Lane – R Woodhall Way – L Driffield Road – L Molescroft Road – North Bar Without – North Bar Within – Saturday Market – Toll Gavel – Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Be aware of difference in level at cut through between Grove Park and</p>	4A 4 mi

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Copandale Road.	
ROUTE 4A LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5289779</p> <p>Directions: R Flemingate -Beckside – Hull Road – R Hull Road A1174 – L at roundabout (use crossing) – Hull Road A1174 – L King Street (use crossing) – R Shopeth Way – R Hull Road A1174 – R at roundabout – Hull Road A1174 – over flyover – at roundabout 2nd L Grovehill Road – R over railway line – L Railway Street – Lord Roberts Road – L Champney Road – L Lairgate – L Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	4A 5 mi
ROUTE 4A LEISURE CENTRE 6 MILES	
<p>Map https://www.mapometer.com/running/route_5290009</p> <p>Directions: L Flemingate – L St Andrew Street – R Minster Avenue – L Long Lane – cross R and cut through to Sage Close – L Sage Close – R Sage Close – L Figham Springs Way – R Woodmansey Mile – L Lincoln Way – R Minster Way – R Victoria Road – bear L Queensgate – R Queensgate – L Queensgate A164 – Admiral Walker Road – Lairgate – R Hengate – Norwood – Hull Bridge Road – R Swinemoor Lane – at roundabout 2nd R Holmechurch Lane – Blucher Lane – R Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	4A 6 mi

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ROUTE 5A ANYTIME	ROUTE
ROUTE 5A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5304164</p> <p>Directions: L Flemingate – L St Andrew Street – R Minster Avenue – R Long Lane – cross zebra to St John Street – R Minster Moorgate – L Highgate – R Railway Street – R Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>5A 1 mi</p>
ROUTE 5A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5304167</p> <p>Directions: L Flemingate – R Eastgate -L Railway Street – Lord Roberts Road – L Champney Road – cross Lairgate – continue on Champney Road – straight on to Ellerker Road – R Central Avenue – Thurstan Road – L Cartwright Lane – cross near mini roundabout – Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians on narrow footpaths especially on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>5A 2 mi</p>
ROUTE 5A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5304170</p> <p>Directions: R Flemingate – Becksides – Hull Road – R Hull Road A1174 – cross at crossing near roundabout – L Hull Road A1174 – L King Street (cross at zebra) – Shopeth Way – R Queensway – R cut through to Warton Drive – R Hull Road A1174 – (cross at zebra) – R at roundabout – L Hull Road A1174 – L Hull Road – Becksides – Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>5A 3 mi</p>

BEVERLEY FITMUMS & FRIENDS
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ROUTE 5A LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5304174</p> <p>Directions: L Flemingate – L Minster Yard South – L Long Lane – cross R and cut through to Sage Close – L Sage Close – R Sage Close – L Figham Springs Way – R Woodmansey Mile – L Lincoln Way – R Minster Way – R Victoria Road – bear L Queensgate – R Butt Lane – cross at zebra and continue on Butt Lane – bear L Kitchen Lane – cross to Lairgate – R Champney Road – R Lord Roberts Road – Railway Street – cross railway – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing the railway line.</p>	5A 4 mi
ROUTE 5A LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5304351</p> <p>Directions: L Flemingate – R Eastgate – Butcher Row – Toll Gavel – North Bar Within – North Bar Without – Molescroft Road – R Driffield Road – R Woodhall Way – Manor Road – R Wylies Road – L North Bar Within – R Wood Lane – L St Mary’s Terrace – Albert Terrace – R Central Avenue – Thurstan Road – L Cartwright Lane – cross mini roundabout – Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre. Instruct runners to go in single file. Use crossings. Take care crossing the railway.</p>	5A 5 mi
ROUTE 5A LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5304356</p> <p>Directions: L Flemingate – R Armstrong Way – cross railway – L Railway Street – R New Walkergate – R Wilbert Lane (opposite M&S) – Mill Lane – R Norwood – L Grove Park – cut through to Copandale Road – R Copandale Road – Scrubwood Lane – R Woodhall Way – R Pighill Lane – R Grange Way – R Norwood – R Manor Road – L Eden Road – The Paddock – L through snicket to Bleach Yard – L North Bar Without – North Bar Within – Saturday Market – Toll Gavel – Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway line. Be aware of difference in level at cut through between Grove Park and Copandale Road. Be aware of posts on Pigill Lane.</p>	5A 6 mi

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ROUTE 6A ANYTIME	ROUTE
ROUTE 6A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5304527</p> <p>Directions: R Flemingate – Beckside – cross road to Beckside North – L Jack Taylor Lane – L Holmechurch Lane – R through barriers and continue on Holmechurch Lane – L then R to Flemingate – cross at zebra – L base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre - instruct runners to go in single file. Use crossings. Take care crossing railway. Uneven path on Jack Taylor Lane.</p>	<p>6A 1 mi</p>
ROUTE 6A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5304530</p> <p>Directions: R Flemingate – L Blucher Lane – Holmechurch Lane – L Grovehill Road – R cross railway — L Railway Street – L Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>6A 2 mi</p>
ROUTE 6A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5304533</p> <p>Directions: L Flemingate – L Minster Yard South – L Long Lane – cross R and cut through to Sage Close – L Sage Close – R Sage Close – L Figham Springs Way – R Woodmansey Mile – L Lincoln Way – bear L on path behind houses – L at T-junction in path – R cut through to Chester Avenue – bear R and follow Chester Avenue – R Ripon Avenue – R Lincoln Way – L Woodmansey Mile – R Queensgate A164 – R Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Keep on tarmac path when turning Woodmansey Mile/Lincoln Way and be aware of branches overhead.</p>	<p>6A 3 mi</p>

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ROUTE 6A LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5304538</p> <p>Directions: L Flemingate – R Eastgate – Butcher Row – Toll Gavel – North Bar Within – North Bar Without – Molescroft Road – R Driffield Road – R Woodhall Way – Manor Road – New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	6A 4 mi
ROUTE 6A LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5304540</p> <p>Directions: L Flemingate – R Armstrong Way – R Grovehill Road – L Swinemoor Lane – L Hull Bridge Road – Norwood – R Grove Park – cut through to Copandale Road – R Copandale Road – Scrubwood Lane – R Woodhall Way – immediately L Molescroft Park (at the side of the shops) – L Molescroft Road – North Bar Without – North Bar Within – Lairgate – L Champney Road – R Lord Roberts Road – Railway Street – cross railway – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing the railway. Be aware of difference in level at cut through between Grove Park and Copandale Road.</p>	6A 5 mi
ROUTE 6A LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5304543</p> <p>Directions: R Flemingate – Becksides – Hull Road – L Hull Road A1174 – over flyover – at roundabout 3rd L Swinemoor Lane – Grange Way – L Pighill Lane – R Woodhall Way – L Driffield Road – L Molescroft Road – North Bar Without – North Bar Within – R Wood Lane – L St Mary’s Terrace – Albert Terrace – The Leases – R Admiral Walker Road – L Keldgate – Minster Yard South – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Be aware of posts on Pighill Lane.</p>	6A 6 mi

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ROUTE 7A ANYTIME	ROUTE
ROUTE 7A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5304547</p> <p>Directions: L Flemingate – R Armstrong Way – cross railway – R Trinity Lane – L Wilbert Grove – L Wilbert Lane – cross New Walkergate at pelican crossing – straight on – L Butcher Row – Wednesday Market – Highgate – L Minster Yard North – R Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>7A 1 mi</p>
ROUTE 7A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5304549</p> <p>Directions: L Flemingate – L Minster Yard South – Keldgate – L Kitchen Lane – L Newton Drive – cross Woodmansey Mile to Lincoln Way – L Ripon Avenue – L Norwich Court – cut through to path behind houses – L on path – R Lincoln Way – R Woodmansey Mile – L Figham Springs Way – R Sage Close – L Sage Close – cut through to Long Lane – L Long Lane – R Minster Avenue – L St Andrew Street – R Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Keep on tarmac path when turning Woodmansey Mile/Lincoln Way and be aware of branches overhead.</p>	<p>7A 2 mi</p>
ROUTE 7A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5304552</p> <p>Directions: L Flemingate – R Armstrong Way – cross railway line – Railway Street – R New Walkergate – Manor Road – Woodhall Way – R Scrubwood Lane – Copandale Road – L through cut through to Grove Park – Grove Park – R Norwood – L New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway. Be aware of difference in level at cut through between Grove Park and Copandale Road.</p>	<p>7A 3 mi</p>

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ANYTIME ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 7A LEISURE CENTRE 4 MILES	
Map: https://www.mapometer.com/running/route_5304554 Directions: R Flemingate – Becksid – Hull Road – L Hull Road A1174 – over flyover – at roundabout 3 rd L Swinemoor Lane – L Hull Bridge Road – Norwood – R Grove Park – cut through to Copandale Road – L Copandale Road – L Manor Road – New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base. Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Be aware of difference in level at cut through between Grove Park and Copandale Road. Take care crossing railway.	7A 4 mi
ROUTE 7A LEISURE CENTRE 5 MILES	
Map: https://www.mapometer.com/running/route_5304883 Directions: L Flemingate – L Minster Yard South – L Long Lane – cross R and cut through to Sage Close – L Sage Close – R Sage Close – L Figham Springs Way – R Woodmansey Mile – L Lincoln Way – bear L on path behind the houses – L at T junction in path – R at next cut through – R Chester Avenue – L Ripon Avenue – L Lincoln Way – R Minster Way – R Victoria Road – bear L Queensgate – L Sloe Lane – Thurstan Road – Central Avenue – L The Leases – Albert Terrace – St Mary’s Terrace – R Wood Lane – L North Bar Within – North Bar Without – R Wylies Road – R Manor Road – L Norwood – R Wellington Road – R Mill Lane – Wilbert Lane – L New Walkergate – L Railway Street – cross railway – R Armstrong Way – L Flemingate – R base. Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing the railway. Keep on tarmac path when turning Woodmansey Mile/Lincoln Way and be aware of branches overhead.	7A 5 mi
ROUTE 7A LEISURE CENTRE 6 MILES	
Map: https://www.mapometer.com/running/route_5304888 Directions: R Flemingate – Becksid – Hull Road – L Hull Road A1174 – over flyover – at roundabout 2 nd L Grovehill Road – R across railway – Railway Street – R New Walkergate – Manor Road – Woodhall Way – L Driffield Road – L Molescroft Road – North Bar Without – North Bar Within – Lairgate – Admiral Walker Road – L Keldgate – Minster Yard South – R Flemingate – R base. Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway line.	7A 6 mi

BEVERLEY FITMUMS & FRIENDS
ANYTIME ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 8A ANYTIME	ROUTE
ROUTE 8A LEISURE CENTRE 1 MILE	MILES
<p>Map: https://www.mapometer.com/running/route_5305413</p> <p>Directions: L Flemingate – R Eastgate – Wednesday Market – Butcher Row – L Cross Street – R Champney Road – L Princes Gardens – Regent Street – L Minster Moorgate – Minster Yard North – R Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>8A 1 mi</p>
ROUTE 8A LEISURE CENTRE 2 MILES	
<p>Map: https://www.mapometer.com/running/route_5305415</p> <p>Directions: L Flemingate – R Eastgate – L Minster Yard North – Minster Moorgate – R Lairgate – cross at zebra – L then 2nd R to Central Avenue – R The Leases – Albert Terrace – St Mary’s Terrace – R Wood Lane – Hengate – R New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	<p>8A 2 mi</p>
ROUTE 8A LEISURE CENTRE 3 MILES	
<p>Map: https://www.mapometer.com/running/route_5305417</p> <p>Directions: R Flemingate – Becksides – Hull Road – L Hull Road A1174 – over flyover – at roundabout 2nd L Grovehill Road – R Cherry Tree Lane – cross railway – L Mill Lane – Wilbert Lane – straight across New Walkergate – R Toll Gavel – L Cross Street – R Champney Road – L Princes Gardens – Regent Street – L Minster Moorgate – Minster Yard North – R Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway line.</p>	<p>8A 3 mi</p>

BEVERLEY FITMUMS & FRIENDS
ANYTIME ROUTES FROM BEVERLEY LEISURE CENTRE

ROUTE 8A LEISURE CENTRE 4 MILES	
<p>Map: https://www.mapometer.com/running/route_5305428</p> <p>Directions: L Flemingate – L Minster Yard South – L Long Lane – cross R and cut through to Sage Close – L Sage Close – R Sage Close – L Figham Springs Way – R Woodmansey Mile – L Lincoln Way – bear L onto path behind houses - L at T-junction in path – R cut through to Chester Avenue – R Chester Avenue – L Ripon Avenue – L Lincoln Way – R Minster Way – R Victoria Road – bear L Queensgate – L Queensgate A164 – Admiral Walker Road – Lairgate – R Champney Road – R Lord Roberts Road – Railway Street – cross railway – R Armstrong Way – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Keep on tarmac path when turning Woodmansey Mile/Lincoln Way and be aware of branches overhead. Take care crossing railway line</p>	8A 4 mi
ROUTE 8A LEISURE CENTRE 5 MILES	
<p>Map: https://www.mapometer.com/running/route_5305434</p> <p>Directions: L Flemingate – R Eastgate – Butcher Row – Toll Gavel – North Bar Within – North Bar Without – Molescroft Road – R Driffield Road – R Woodhall Way – L Pighill Lane – Grange Way – Swinemoor Lane – at roundabout 2nd R Holmechurch Lane – bear R through barriers Holmechurch Lane – R Flemingate – L base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing the railway. Be aware of posts on Pigill Lane.</p>	8A 5 mi
ROUTE 8A LEISURE CENTRE 6 MILES	
<p>Map: https://www.mapometer.com/running/route_5305438</p> <p>Directions: L Flemingate – L St Andrew Street – R Minster Avenue – L Long Lane – cross R and cut through to Sage Close – L Sage Close – R Sage Close – L Figham Springs Way – R Woodmansey Mile – L Lincoln Way – R Minster Way – R Victoria Road – bear L Queensgate – L Sloe Lane – Thurstan Road – Central Avenue – L The Leases – Albert Terrace – St Mary’s Terrace – R Wood Lane – L North Bar Within – North Bar Without – R into snicket at pelican crossing to Northfield Road – R Northfield Road – R St Leonard’s Road – R Molescroft Avenue – L Molescroft Park – pass the shops on your left – R Woodhall Way – Manor Road – New Walkergate – bear R Walkergate – L Butcher Row – Eastgate – L Flemingate – R base.</p> <p>Cautions: Be aware of pedestrians especially on narrow footpaths on exit and return to leisure centre – instruct runners to go in single file. Use crossings. Take care crossing railway.</p>	8A 6 mi