



fitmums™
and friends

Adverse Weather and Cancellation Policy

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Date policy reviewed	22nd November 2025
Date due for review	22nd November 2027
Produced by	Gaye Hanson – Club Liaison Lead
Reviewed by	Vickie Hillier – Deputy Chief Officer
Club review dates	27.03.2019 -05.04.2019

The purpose of this policy is to provide clubs and members with clarity regarding the action to be taken in the event of cancellation of club sessions.

Reasons for cancellation

There are many factors which could result in the need to cancel a session, the most common cause being extreme weather. This could take various forms but in essence if it is expected to be dangerous underfoot for at least 80% of each route and there are no safe alternatives then clubs should consider cancellation.

With clubs spread over a wide geography the impact of adverse weather can be very different from club to club. The decision about whether to cancel a session or not due to weather should, therefore, be taken at club level by the Club Coordinator(s) or a nominated deputy.

If problems arise with the venue, it may not require cancellation if there is the possibility of relocating to a nearby meeting point. Information may still need sharing with members so contact with the central team may still be necessary.

Cancellation in advance

When cancelling in advance for any reason, it is recommended that this is communicated to all members as soon as possible. Ideally by 5pm in the afternoon of an evening session and, ideally by 8:30am for a morning session.

Steps to follow

- Inform Leader team of cancellation.
- Inform Club Liaison Lead if support needed.
- Inform members via any closed groups
- Create a post on Club Facebook page to explain session is cancelled.
- Contact a member of the central team so that an email can be sent to all Club members (not everyone will see Facebook post so do not rely on this alone).
- Use the following email addresses but also suggest contact via text/messenger to ensure the email is received and therefore actioned in time:

admin@fitmums.org.uk - 07955281486

info@fitmums.org.uk - 07955281485

Last minute cancellation

In a situation where a cause for cancellation is discovered just before a session is due to take place, inform all members as soon as possible using the methods explained above. Where safe to do so, and if applicable, a representative of the club should be at club base/meeting point to advise any members who attend having not received notification of cancellation.

For example, if adverse weather descends rapidly and without warning just before a session then it is for the Coordinator(s) and Leader team to assess the situation at that time. In a developing situation some leaders and members may still wish to run - the risks and cautions should be explained before any run starts but ultimately, they can still go out if they wish to.

If a club session is cancelled but an informal run/walk/cycle is then arranged, members should be advised accordingly that it is an “informal activity” not a Fitmums and Friends led session with the usual insurance etc.

Any incidents or accidents should be reported as per the normal procedure via the Mumbot App.

