**HUMBER OPEN SERIES 2022 Meeting 2 Saturday 28th May, 2022 10:30**

**Grimsby King George Vth Stadium DN32 9RU**

**U15 Boys & Girls Pentathlon Competition & Humberside Schools’ CE Trials**

**(U15 events may be entered individually)**

**U11’s may ONLY enter EITHER “80 Jump Throw” OR ”600 Jump Throw”**

Under UKA RULES Permit: OUT22/121

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| Timings may be adjusted after entries close. EVERYONE please check Roster App or website for final timings | | | | | | | | | |
| **10:30** | Hurdles | **70m** U13G | | **75m** U13B U15G | |  | |  | |
|  |  | **80m** U15B U17W | | **100m**  J/SW U17M | | **110m** J/SM | |  | |
| **11:15** | 300m | U15B | U15G | U17W |  |  |  |  |  |
| **11:30** | 400m | U17M | J/S M | J/S W |  |  |  |  |  |
| **11:45** | 100m | U13G | U13B | U15G | U15B | U17W | U17M | J/SW | J/SM |
|  | 80m | U11G | U11B |  |  |  |  |  |  |
| **12:30** | 200m | U15G | U15B | U17W | U17M | J/SW | J/SM |  |  |
|  | 150m | U13G | U13B |  |  |  |  |  |  |
| **Track Break** | | | | | | | | | |
| **13:45** | 800m | U13G | U13B |  |  |  |  |  |  |
| **14:00** | **10,000m** | **County Championship Event J/S M & W** | | | | **Entries via Roster by 21:05:22**  **NO ENTRIES ON THE DAY** | | | |
| **15:00** | 600m | U11G | U11B |  |  |  |  |  |  |
| **15:10** | 800m | U17W | J/SW | U15B | U15G |  |  |  |  |
| **15:20** | 1500m | U15B | U15G | U17W | J/SW | U17M | J/SM |  |  |

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| **10:30** |  | **Long Jump** U11 80 J T | **Shot** U17 J/S M |  |
| **11:15** |  | **Long Jump** U13 B | **Shot** U17 J/S W | **Vortex** U11 80 J T |
| **12:00** | **High Jump** U17 M & W | **Long Jump** U13G | **Shot** U15G then U15B |  |
| **12:45** |  | **Long Jump** J/S M&W |  | **Javelin** U15 B & G |
| **13:00** | **High Jump** U15 G | **Long Jump** U15B |  | **Vortex** U11 600 J T |
| **13:45** |  | **Long Jump** U11 600 J | **Shot** U13 B then G | **Javelin** U17 J/S M |
| **14:30** | **High Jump** U15 B | **Long Jump** U15 G | T | **Javelin** U17 J/S W |

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| PENTATHLON U15 Boys Entry: £15 | 80m Hurdles 4k Shot Long Jump High Jump 800m |
| PENTATHLON U15 Girls Entry: £15 | 75m Hurdles 3k Shot High Jump Long Jump 800m |
| U11 “80 Jump Throw” Entry £10 | 80m Vortex Long Jump |
| U11 “600 Jump Throw” Entry £10 | 600m Vortex Long Jump |

A Roster Account is needed in order to enter. Follow the link to create one.

https://meets.rosterathletics.com/public/signup

**Entries close 23:59 Sat. 21st May 2022 Entry fees must be paid by the closing date**

**Entry Fees: £5 per event U11 “Run Jump Throw” £10 Pentathlon: £15**

Enquiries to: [ally@fitmums.org.uk](mailto:ally@fitmums.org.uk) HSAA Pentathlon queries to: [lesleymeldridge02@hotmail.com](mailto:lesleymeldridge02@hotmail.com)

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|  |  | Maximum Number |
| 80 Jump Throw | U11 | 24 |
| 600 Jump Throw | U11 | 24 |
| Pentathlon | U15 | 24 |
| Hurdles | 70mH | 18 |
|  | 75mH | 24 |
|  | 80mH | 24 |
|  | 100mH | 24 |
|  | 110mH | 24 |
| 100m | U13+ | 48 |
| 150m | U13 | 18 |
| 200m | U15+ | 48 |
| 300m | U15+ | 18 |
| 400m | U17+ | 12 |
| 800m | U13+ | 48 |
| 1500m | U15+ | 48 |
|  |  |  |
| 10,000m | J/S M & W | 60 |
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| Long Jump | U13 | 20 |
| Shot | U13 | 20 |
| High Jump | U15 | 12 |
| Long Jump | U15 | 12 |
| Shot | U15 | 12 |
| Javelin | U15 | 12 |
| High Jump | U17 M & W | 10 |
| Long Jump | U17+ | 20 |
| Shot | U17+ | 20 |
| Javelin | U17+ | 20 |
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