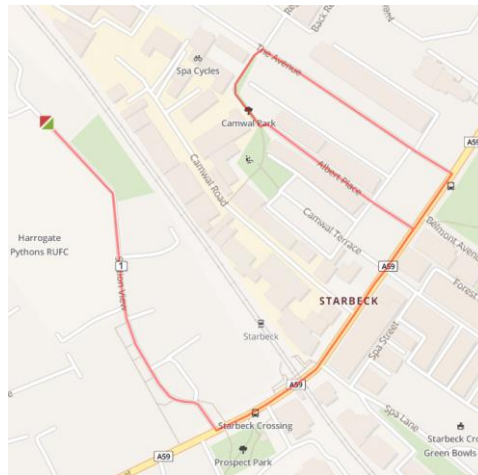


# WINTER ROUTE 1 – 1 MILE (2021)

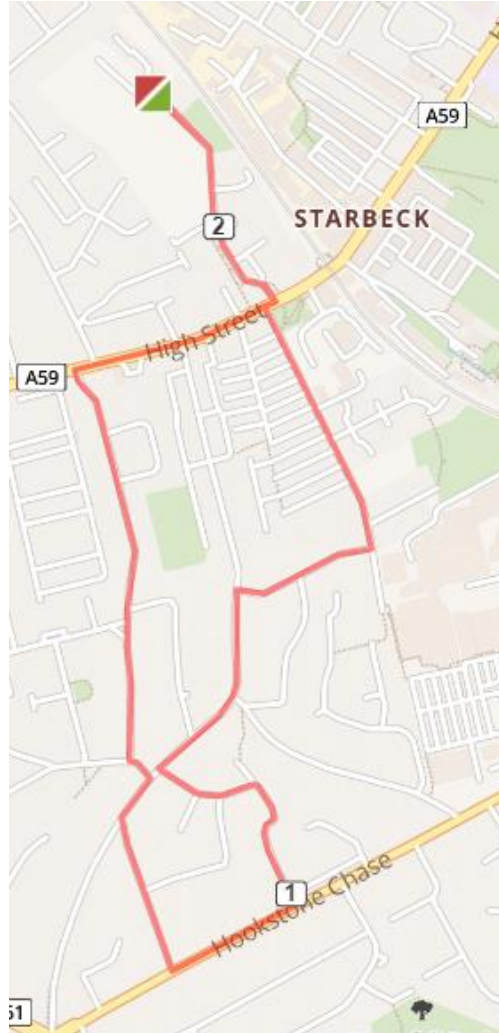
[https://gb.mapometer.com/running/route\\_5288735.html](https://gb.mapometer.com/running/route_5288735.html)



R – down Station View – L onto High Street – **through subway – watch head as you go through – watch for bollards as you come out** – L onto Albert Place – bear L onto Camwal Park footpath and then immediate R to follow path – R onto The Avenue – R onto High Street – **take care crossing side roads – watch for bollards and then your head as you go through subway** – R onto Station View and back to base.

## WINTER ROUTE 1 – 2 MILE (2021)

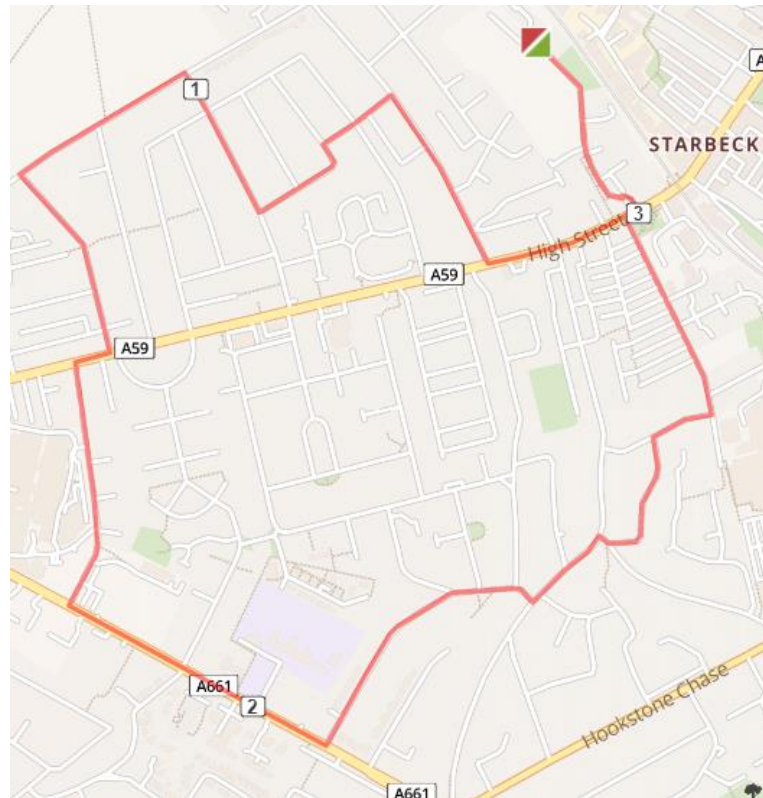
[https://gb.mapometer.com/running/route\\_5291020.html](https://gb.mapometer.com/running/route_5291020.html)



R – down Station View – over **crossing** onto Prospect Road: **keep to left hand side** – R onto Greenfields Avenue **watch for cars parked on path** – L onto Stonefall Avenue: **keep to left hand side** – L onto Woodlands Crescent – R onto Woodlands Walk – R onto Hookstone Chase – R onto Woodlands Road – **cross over** and R onto Woodlands Drive – L onto Wedderburn Road – R onto Wedderburn Avenue – R onto High Street **crossing** over by Tesco – L onto Station View and back to base.

# WINTER ROUTE 1 – 3 MILE (2021)

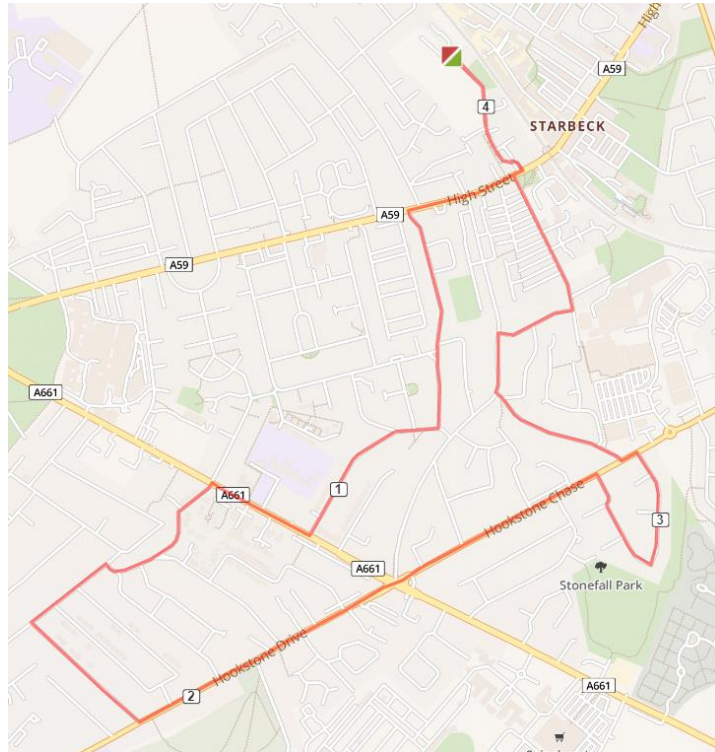
[https://gb.mapometer.com/running/route\\_5291026.html](https://gb.mapometer.com/running/route_5291026.html)



R – down Station View – R onto High Street – R onto Kingsley Road  
**watch for cars parked on path on this estate** – L onto Wreaks Road –  
L onto Coniston Road and onto Kendal Road – R onto Rydal Road – L  
onto Kingsley Drive **watch for uneven pavement** – L onto Birstwith  
Road – R onto Knaresborough Road – **use crossing** and then R  
Lancaster Park Road – L onto Wetherby Road – L onto Wedderburn  
Road – L onto Woodlands Drive – **cross over to right hand side** – L  
onto Greenfields Road – **cross over** and L onto Greenfields Drive – R  
onto Greenfields Avenue – L onto Prospect Road **cross to right hand  
side** – R onto High Street and use **crossing** onto Station View and  
back to base.

# WINTER ROUTE 1 – 4 MILE (2021)

[https://gb.mapometer.com/running/route\\_5291028.html](https://gb.mapometer.com/running/route_5291028.html)



R – down Station View – R onto High Street **crossing** over by Tesco and then L onto Wedderburn Avenue – R onto Wedderburn Road – R onto Wetherby Road – stay on right hand side and use pedestrian crossing – L onto Wayside Crescent – L onto St Hilda's Road – L onto St Helen's Road – L onto Hookstone Drive – at **crossroads use crossing(s) to run onto right hand side** of Hookstone Chase – R onto Plompton Drive – L onto Hookstone Chase – **cross** onto Greenfields Road – R onto Stonefall Avenue - R onto Greenfields Avenue – L onto Prospect Road **cross to right hand side** – R onto High Street and use **crossing** onto Station View and back to base.