

HUMBER OPEN SERIES 2019

Meeting 3

Saturday 8th June, 2019 10:30

KING GEORGE V STADIUM, WEELSBY RD. GRIMSBY. DN32 9RU

Humberside Schools' Intermediate & Senior Track & Field Championships

Electronic Timing Under UKA RULES Permit OUT : 19 /160

This programme includes events for age groups U9 upwards (U9 School Years 2 & 3)

Please read the times as "not before". Entries will determine our ability to keep to the timings stated

10:30	Hurdles	110m J/SM	100m U17M J/SW	80m U15B U17W					
11:00	Hurdles	75m U15G U13B	70m U13G						
11:20	1500m	U15G	U15B	U17W	U17M	J/SW	J/SM		
11:35	80m	U9G	U9B	U11G	U11B				
12:00	100m	U13G	U13B	U15G	U15B	U17W	U17M	J/SW	J/SM
12:45	300m	U15G	U15B	U17W					
13:00	400m	U17M	J/SW	J/SM					
Track Break									
13:30	1500m S/C	U15B	U17W	J/SW	U17M	J/SM			
13:50	600m	U9G	U9B	U11G	U11B				
14:05	800m	U13G	U13B	U15G	U15B	U17G	U17B	J/SW	J/SM
14:30	150m	U9G	U9B	U11G	U11B				
14:50	200m	U13G	U13B	U15G	U15B	U17W	U17M	J/SW	J/SM
15:15	3000m	U17G	U17B	J/SW	J/SM				
15:30	300mH	U17W							
15:35	400mH	U17M	J/SW	J/SM					
15:45	4 x 100 Relay	All Ages							

10:30	High Jump Ht 1.48	Long Jump U9B	Long Jump U9G	Shot U17 J/SW	Discus U17 J/S M
11:15		Long Jump U11G	Long Jump U11B	Shot U13B	Discus U17 J/S W
12:00	High Jump Ht 1.28	Long J U17 J/SM			Cricket/Rounders Ball U11B then G
12:45		Long J U17 J/SW		Shot U17 J/SM	Javelin U13 B & G
13:30	High Jump U13 .92		Long Jump U13 G		Cricket/Rounders Ball U9B then G
14:15		Triple Jump U17J/S M&W 11m board followed by 9m & 7m boards	Long Jump U13 B	Shot U13 G	Javelin U17 J/S M
15:00	Pole Vault U15 G&B U17 J/S W&M				Javelin U17 J/S W

The Chief Official in the Track, Field, Timekeeping & Starting would be very pleased to welcome visiting officials & volunteers to their discipline. If interested, please complete the slip below & hand in at registration. You will be contacted to work with their teams during the meeting.

Name	Club	Discipline	Time Slot when available

HUMBER MEETING ENTRY FEE IS £6.00 PER COMPETITOR PER NUMBER

ALL ENTRIES ARE TAKEN ON THE DAY Complete slip below and hand in at registration for your number.

NO ATHLETE IN THE U15 AGE GROUP AND BELOW MAY COMPETE IN MORE THAN ONE EVENT BETWEEN 600m and 3000m IN THE SAME DAY.

Enquiries to d.roberts936@btinternet.com

No.	Name	Club	Age Grp	Date of Birth	SchYear	England Reg. No.