



Market Weighton Fitmums and Friends Training Schedule Autumn/Winter 2025-26

Sep 2025											
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m	5m	6m
02/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	Summer E	MAP	MAP	MAP	MAP	MAP	MAP
09/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F	MAP	MAP	MAP	MAP	MAP	MAP
16/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	A	MAP	MAP	MAP	MAP	MAP	MAP
22/09/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached						
23/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B	MAP	MAP	MAP	MAP	MAP	MAP
30/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C	MAP	MAP	MAP	MAP	MAP	MAP

Oct 2025											
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m	5m	6m
07/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	Winter A	MAP	MAP	MAP	MAP	MAP	MAP
14/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B	MAP	MAP	MAP	MAP	MAP	MAP
20/10/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached						
21/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C	MAP	MAP	MAP	MAP	na	MAP
28/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	D	MAP	na	MAP	MAP	MAP	MAP

Nov 2025											
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m	5m	6m
04/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	E	MAP	MAP	MAP	MAP	MAP	MAP
11/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F	MAP	MAP	MAP	MAP	MAP	MAP
17/11/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached						
18/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	A	MAP	MAP	MAP	MAP	MAP	MAP
25/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B	MAP	MAP	MAP	MAP	MAP	MAP

Dec 2025											
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m	5m	6m
02/12/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C	MAP	MAP	MAP	MAP	na	MAP
09/12/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	D	MAP	na	MAP	MAP	MAP	MAP
16/12/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	E	MAP	MAP	MAP	MAP	MAP	MAP
23/12/2025	Tuesday	Closed			Christmas Break						
30/12/2025	Tuesday	Closed			Christmas Break						

Jan 2026											
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m	5m	6m
06/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F	MAP	MAP	MAP	MAP	MAP	MAP
12/01/2026	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached						
13/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	A	MAP	MAP	MAP	MAP	MAP	MAP
20/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B	MAP	MAP	MAP	MAP	MAP	MAP
27/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C	MAP	MAP	MAP	MAP	na	MAP

