



Boston and District AC
 entry form for
The Poppy Fun Run
 Approximately 3Km
 All ages welcome



Start & Finish at:
The Village Hall, Friskney, Near Skegness, Lincolnshire, PE22 8RD
Sunday 10th November 2019. Starts at 9.00am

No individual prizes as per UKA rules
 Adequate parking * First aid in attendance * Toilets
 Marshalled course * Water Station
 All finishers to receive a Poppy Appeal Medal

Entry Fee: £5

Cheques made out to: Boston and District Athletic Club
BACS Payment: Lloyds Bank plc. Sort Code: 30-97-95 Account number: 00979085
We would encourage entries by the 5th November please.

Enquiries: contact 01754 820623 or www.bostonanddistrictac.com
 Entry forms to: Mrs. N Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs. PE22 8RL

**ALL PROFIT IN AID OF
 THE ROYAL BRITISH LEGION POPPY APPEAL**

✂ -----
 The Poppy Run 10Km entry form (photocopies accepted)

Surname First name Male or Female (please circle)

Address: House number & street

Town Postcode

Telephone email

Date of birth Age on race day (Min age 15 years)

Affiliated Athletic Club or Unattached

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed:
 Parent's signature for runners under 16

Date