



**Boothferry Fitmums and Friends
Training Schedule
Autumn/Winter 2025-26**

Sep 2025							Routes					
Date	Day	Club	Activity	Venue	Time	Route	1m	2m	3m	4m	5m	6m
04/09/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						
11/09/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						
18/09/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						
25/09/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						

Oct 2025							Routes					
Date	Day	Club	Activity	Venue	Time	Route	1m	2m	3m	4m	5m	6m
02/10/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						
09/10/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						
16/10/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						
23/10/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						
30/10/2025	Thursday	Boothferry	Run/Walk	Humber Fire & Rescue HQ. Summergroves Way, Hessle. HU	19:00	tba						

