



**East Hull Fitmums and Friends
Training Schedule
Autumn/Winter 2025-26**

Sep 2025					
Date	Day	Activity	Venue	Time	Route
02/09/2025	Tuesday	Timed Run	East Park - Start at The Clubhouse, Elm Ave, Garden Village.	18:50	tba
04/09/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
09/09/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
11/09/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
16/09/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
18/09/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
23/09/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
25/09/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
30/09/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba

Oct 2025					
Date	Day	Activity	Venue	Time	Route
02/10/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
07/10/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
09/10/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
14/10/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
16/10/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
21/10/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
23/10/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
28/10/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
30/10/2025	Thursday	Closed			Half Term

Nov 2025					
Date	Day	Activity	Venue	Time	Route
04/11/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
06/11/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
11/11/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
13/11/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
18/11/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
20/11/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
25/11/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
27/11/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba

Dec 2025					
Date	Day	Activity	Venue	Time	Route
02/12/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
04/12/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
09/12/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
11/12/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
16/12/2025	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
18/12/2025	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
23/12/2025	Tuesday	Closed			Christmas Break
25/12/2025	Thursday	Closed			Christmas Day
30/12/2025	Tuesday	Closed			Christmas Break

Jan 2026					
Date	Day	Activity	Venue	Time	Route
01/01/2026	Thursday	Closed			New Year's Day
06/01/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
08/01/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
13/01/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
15/01/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
20/01/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
22/01/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
27/01/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
29/01/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba

Feb 2026					
Date	Day	Activity	Venue	Time	Route
03/02/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
05/02/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
10/02/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
12/02/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
17/02/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
19/02/2026	Thursday	Closed			Half term
24/02/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
26/02/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba

Mar 2026					
Date	Day	Activity	Venue	Time	Route
03/03/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
05/03/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
10/03/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
12/03/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
17/03/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
19/03/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
24/03/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba
26/03/2026	Thursday	Walk	Pavilion Café, East Park. HU8 8JU	09:30	tba
31/03/2026	Tuesday	Run	The Clubhouse, Elm Ave, Garden Village. HU8 8PZ	18:50	tba