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| Job Title: | **Bereavement Support Facilitator - Children & Young People (CYP)** |
| Organisation: | Fitmums and Friends Registered Charity 1173919 |
| Location of role: | Humber Forest School, Meaux, East Riding of Yorkshire – on occasion Mires Beck Nursery, North Cave. |
| Hours: | 20 hours per programme as follows:   * 15 hours Forest time * 5 hours – training/preparation/debrief |
| Payment: | £30 per hour  Zero hours contract with Fitmums and Friends |
| Availability | The next programme dates are:  17th, 24th September, 1st, 8th October 2022  For the sake of continuity we like BSF to be available for the whole of a programme. |
| Job Description | | |
| Background This project seeks to provide bereavement support for children and young people, in a Forest School  setting. Each programme runs over a consecutive 4 week period (usually each Saturday).  Two Bereavement Support Facilitators provide support on each programme along with a team of Forest  Leaders.  Studies have found that mental and physical wellbeing can be improved by being in nature. It has been shown to boost the immune system, decrease anxiety and depression, and is potentially ideal as a setting to support bereaved children. This is achieved through outdoor forest activities alongside the exploration of literature to help express and understand grief and loss – all supported by therapeutic bereavement input. The aim is to contribute to improved mental and physical wellbeing in the process of managing grief, and potentially create connections with peers, which will be beneficial for longer term support beyond the lifespan of this project.  The programme takes place in a private woodland in Meaux, near Wawne – the home of the Humber Forest School.  The role involves working as part of a multi-agency team which includes Forest Leaders and Project Leads (Fitmums and Friends). Bereavement Support Facilitators create support around forest activities such as den building, camp fire cooking, tool making, tree climbing, and rope work. These provide a perfect focus for children who may find a traditional group discussion intimidating. Bereavement Support Facilitators (BSF) help create bereavement support and opportunities for additional creative play throughout the programme leading to discussions as a group or 1:1. | | |
| **Programme Structure**  Programmes have capacity for 10 children to attend aged from 5-17 years. We try and organise programmes  within appropriate age ranges, so sometimes a programme may involve children in a lower age range, and  sometimes may be planned for older teens. This all depends on referrals received. The hours  are as follows with all forest sessions taking place on Saturdays:  Session 1 9am – 1pm (children attending 9.30am – 12.30pm)  Session 2 9am – 1pm (children attending 9.30am – 12.30pm)  Session 3 9am – 1pm (children attending 9.30am – 12.30pm)  Session 4 9.30am -3.30pm (children attending 10am – 3pm)  Programme Preparation  This new initiative started in 2021 and has been extremely effective. We want to recruit people enthused by  the concept, willing to help us shape this new and innovative method of grief support for children. As well as  the hands on delivery of the forest programme there are planning meetings with the wider team; Forest  Leaders, and Project Leads sometimes these may take place at the Forest setting (Meaux, Wawne).  Programme Debrief  After the end of each programme there is a debrief meeting with the whole team to review the  effectiveness of the programme and plan for the next. | | |
| Qualifications, knowledge & experience required  * Enhanced DBS * Evidence of a counselling qualification (desirable) * Experience of working with children * Experience of working creatively with children and young people * Experience of working in the field of child bereavement (desirable) * Knowledge and understanding of child bereavement and attachment or demonstrate a willingness to learn (desirable) * Enthusiasm to be imaginative and innovative in delivering bereavement support for this project * Ability to demonstrate a flexible approach to working with children and young people * Ability to demonstrate interest and enthusiasm for working with children and young people * Membership of a professional body e.g. BACP, UKCP (desirable) * Must be able to work and communicate effectively as part of a team with other agencies * Be able to demonstrate a clear understanding of the boundaries associated with working with children and young people * Evidence of up to date Child Safeguarding training or willingness to complete * Knowledge and experience of using a range of evaluation tools (desirable) * Willingness to read Fitmums and Friends relevant policies e.g. Welfare, Safeguarding. * Enthusiasm and willingness to work in an outdoor forest setting in all weathers | | |
| SupportInduction to Fitmums and Friends.Overarching support from Welfare Team (Fitmums and Friends).Group supervision with bereavement supervisors mid- programme as necessary. | | |
| To apply  Please send a CV and covering letter to [heather@fitmums.org.uk](mailto:heather@fitmums.org.uk)  Deadline: 21st August 2022  Interviews: Week beginning 29th August 2022  Induction: Week beginning 5th September 2022  Team Meeting: 12th September 2022 5.30pm  First Programme: 17th September to 8th October 2022  Please note two references will be required if successful at interview  For enquiries please call Sam Barlow 07870 654586 | | |