



**Market Weighton Fitmums and Friends  
Training Schedule  
Autumn/Winter 2025-26**

Sep 2025					
Date	Day	Activity	Venue	Time	Route
02/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	Summer E
09/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F
16/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	A
22/09/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
23/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B
30/09/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C

Oct 2025					
Date	Day	Activity	Venue	Time	Route
07/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	Winter A
14/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B
20/10/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
21/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C
28/10/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	D

Nov 2025					
Date	Day	Activity	Venue	Time	Route
04/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	E
11/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F
17/11/2025	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
18/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	A
25/11/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B

Dec 2025					
Date	Day	Activity	Venue	Time	Route
02/12/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C
09/12/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	D
16/12/2025	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	E
23/12/2025	Tuesday	Closed			Christmas Break
30/12/2025	Tuesday	Closed			Christmas Break

Jan 2026					
Date	Day	Activity	Venue	Time	Route
06/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F
12/01/2026	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
13/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	A
20/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B
27/01/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C

Feb 2026					
Date	Day	Activity	Venue	Time	Route
03/02/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	D
09/02/2026	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
10/02/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	E
17/02/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F
24/02/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	A

Mar 2026					
Date	Day	Activity	Venue	Time	Route
03/03/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	B
09/03/2026	Monday	S & C	Shiptonthorpe Village Hall, 1 York Rd. YO43 3PG	19:15	Coached
10/03/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	C
17/03/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	D
24/03/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	E
31/03/2026	Tuesday	Run/Walk	Market Weighton Fire Station. Cliffe Road. YO43 3BN	18:45	F