



Harrogate Fitmums and Friends Training Schedule Autumn/Winter 2025-26

Sep 2025									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
01/09/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
08/09/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
15/09/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
17/09/2025	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
22/09/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
29/09/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map

Oct 2025									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
01/10/2025	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
06/10/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
13/10/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
15/10/2025	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
20/10/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
27/10/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map

Nov 2025									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
03/11/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
10/11/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
12/11/2025	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
17/11/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
24/11/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
26/11/2025	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				

Dec 2025									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
01/12/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
08/12/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
10/12/2025	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
15/12/2025	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Jingle Bell Jog	tbc	tbc	tbc	tbc
22/12/2025	Monday	Closed			Christmas Break				
29/12/2025	Monday	Closed			Christmas Break				

Jan 2025									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
05/01/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
12/01/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
14/01/2026	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
19/01/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
26/01/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
28/01/2026	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				

Feb 2025									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
02/02/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
09/02/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
11/02/2026	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
16/02/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
23/02/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
25/02/2026	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				

Mar 2025									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
02/03/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
09/03/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map
11/03/2026	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
16/03/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 2	Map	Map	Map	Map
23/03/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 3	Map	Map	Map	Map
25/03/2026	Wednesday	S&C	Starbeck Methodist Church, Starbeck	19:30	Coached				
30/03/2026	Monday	Run/Nordic Walk	St John Fisher Catholic High School, Harrogate	19:15	Winter 1	Map	Map	Map	Map

Apr 2026									
Date	Day	Activity	Venue	Time	Route	1m	2m	3m	4m
06/04/2026	Monday	Closed			Easter Monday				